

Understanding with all senses,

self-awareness and perspective change in dealing with limitations in health and nursing professions

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Invitation to the Blended Intensive Program (BIP) at the FHD Dresden

How does it feel to navigate narrow corridors in a wheelchair? How does your thinking change when your sight, hearing or movement are suddenly restricted? And what does it mean for carers to not only know these experiences in theory, but to feel them in their own bodies?

In this interactive project week at Dresden University of Applied Sciences, international students will have the opportunity to gain a better understanding of people with physical and cognitive limitations through self-experience. With the help of simulation exercises – such as the age simulation suit, a dementia course or wheelchair experiences – we will sharpen our awareness of the barriers, needs and resources of people with disabilities in everyday care.

At the same time, we provide insights into the German healthcare system and generalist nursing training, exchange perspectives on nursing education and reflect together on professional attitudes and ethical challenges in nursing.

Prof. Dr. Katharina Schoberr. Head of study programme Vocational Education for Nursing & Health Professions

When

24 November – 28 November 2025

Where

Dresden University of Applied Sciences (FHD)

as well as excursions in the Dresden, Saxony area (e.g. dementia trail, senior citizens' centre, barrier-free city tour)

Who

- International students from the fields of nursing, nursing education or related health professions (bachelor's or master's level)
- Interest in practical nursing education and self-awareness learning
- Willingness to engage in intercultural cooperation and discussion
- Basic knowledge of English

The programme includes

- **Practical modules for self-awareness:** encouraging participants to confront limitations and barriers
- **Insights from science and practice** relating to nursing, disability, inclusion and education systems
- Interactive workshops for reflecting on attitudes, experiences and (inter)cultural differences
- Expert input on German nursing education and the healthcare system
- Joint excursions or visits (e.g. educational institutions, social services, urban locations) to explore the topic in greater depth
- **Group reflection and exchange of experiences**
- Cultural and social programme items to promote interaction and international networking.

Learning

- Raising awareness of the needs and challenges of people with disabilities
- Developing an empathetic, reflective attitude in the nursing profession
- Intercultural comparison of nursing and training systems
- Promoting soft skills such as communication, teamwork and intercultural understanding.

Language

English

Credits

3 ECTS

Special

- The project week is practice-oriented, experience-based and intercultural.
- It offers valuable insights into the experiences of people with disabilities – not only for nursing practice, but also for teaching.
- Accommodation and meals in Dresden can be organised at a reasonable price.

The event also includes coffee breaks and social activities organised by the programme coordinators, providing opportunities for networking and informal exchange.

Explore beautiful Dresden during the Christmas time and many of the most beautiful Christmas Markets in the world.

Contact and registration

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